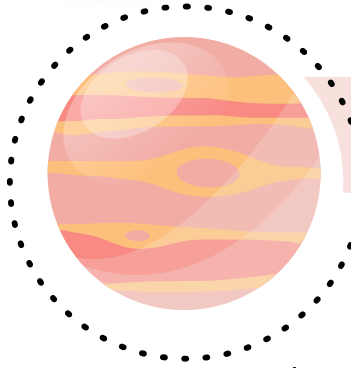




# *PERMANENT MAKEUP*

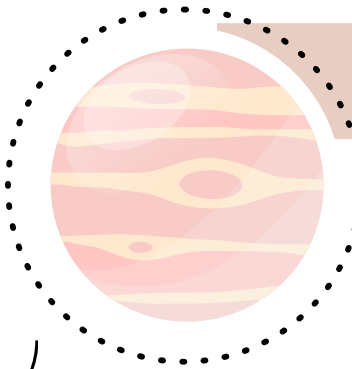
## *STAGES OF HEALING*

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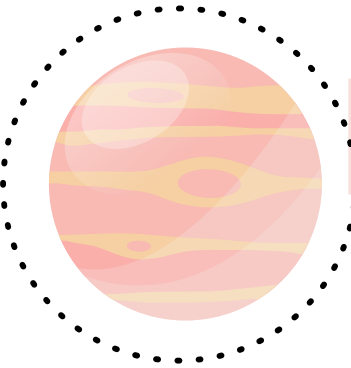
### ***1-4 DAYS***

The new pigment appears more intense than expected. Oxidation and blood rushing to the skin's surface darken the appearance of the pigment.



### ***2-7 DAYS***

The pigment color will be significantly softer and less bright. The "disappearing act" is due to the immaturity of the epidermal cells. These cells have been exposed to pigment and the sloughing process is disrupted. The area will have a milky cast which will diffuse the original chosen color. The pigment doesn't travel anywhere. It's just not as visible through the "veil" of tissue during the wound-rebuilding stage.



### ***7-60 DAYS***

Translucency is slowly restored. While these injected pigment tones may initially simulate the exact color chosen, they will not always be a perfect match. The tones of the injected pigment remain constant, while the skin tones change depending upon exposure to cold, heat, sun, circulatory changes, and medications.

# BEFORE CARE INSTRUCTIONS

## LIPS

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### 30-90 DAYS PRIOR AVOID

- Dermal Fillers
- Sun/tanning
- Retin-A/retinol products

### 30 DAYS PRIOR

- Moisturize the area with heavy ointment at night.



### 24 HOURS PRIOR AVOID

- Exercise
- Alcohol
- Caffeine
- Non-prescribed mood-altering drugs
- Fish Oil
- Prenatal Vitamins
- "Hair, Skin, Nail" supplements

### NOTE

Sensitivity increases during the menstrual cycle. No doctor prescribed medication should ever be discontinued without first consulting your physician.



### HISTORY OF LIP COLD SORES

Begin taking prescribed antiviral medication 2 days prior to the lip treatment.



### NIGHT PRIOR TO TREATMENT

Take anti-histamine the night before, which may help control swelling.

### DAY OF TREATMENT

- Ensure lips do not have dry chapped skin.
- Stay hydrated.



# AFTERCARE INSTRUCTIONS

## LIPS

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**WITHIN 1 HR**  
Wash the lips  
with a gentle  
cleanser.



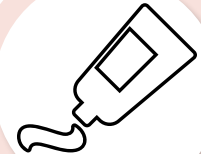
**DAY OF TREATMENT**  
Apply ointment  
to prevent excess  
chapping.



**FOR 10 DAYS**  
Ice to reduce  
swelling.



**AFTER 10 DAYS**  
Apply ointment  
to prevent excess  
chapping.



**LONG TERM**  
Apply  
sunscreen

## AVOID THE FOLLOWING



**DAY 1-2**  
SPICY FOOD



**DAY 1-3**  
KISSING



**DAY 1-10**  
SLEEPING ON  
YOUR FACE



**DAY 1-10**  
DIRECT  
MAKEUP



**DAY 1-10**  
DIRECT  
SHOWER SPRAY



**DAY 1-10**  
EXERCISE



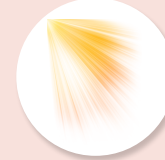
**DAY 1-10**  
PICKING/  
SCRATCHING



**DAY 1-10**  
EXFOLIATING  
TREATMENT/  
CHEMICALS



**DAY 1-21**  
SAUNA,  
STEAM, POOL

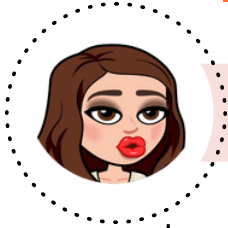


**DAY 1-30**  
SUNLIGHT

# HEALING TIMELINE

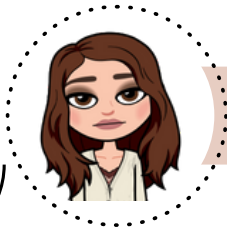
## LIPS

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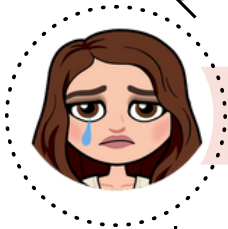
**DAY 1**

It's beautiful! But my lips are swollen.



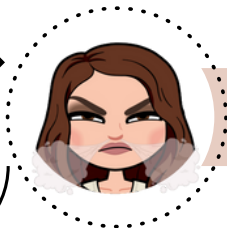
**DAY 2-4**

My lips are chapping!



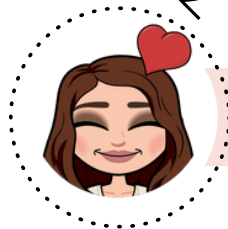
**DAY 5-8**

The color has disappeared.



**DAY 8-10**

The color is back, but is patchy.



**DAY 11-60**

The color bloomed!